UZBEKISTAN NATIONAL NUTRITION SURVEY 2017 WOMAN QUESTIONNAIRE

WID1. Cluster number	WID1. HH number on cluster control form
WID2. Name of this woman:	
WID3. Woman line number from HH roster	WID5. Woman label number. W
WID6. Interviewer number	
WID7. Date of data collection	
	Day Month Year.
WID8. Final result of woman data collection	(enter code from below)
FINAL RESULT CODES: Completed interview, accepted participation in	Refused interview and all data collection 4
anthropometry and in blood collection	Child not at home at time of visit 5
anthropometry, refused participation in blood collection Completed interview, refused participation in anthropometry and refused blood collection	[•] Other (specify) 8
Written concept provided?	

Written consent provided? Yes, permission is given -> Begin the interview.	Yes1
No, permission is not given -> Complete this cover page. Discuss this result with your team leader.	No2

I would first like to ask you some questions about yourself.				
WOMAN'S AGE AND EDUCATION				
WAE1. What is your date of birth? Don't know, enter '99' or '9999'	D. Date			
WAE2. How old are you? Probe: How old were you at your last birthday? Compare Q8 and Q9; correct one if necessary	Age (in completed years) (enter '99' if unknown)			
WAE3. Have you ever attended school?	Yes1 No2	->Next Q ->WAE6		
WAE4. What is the highest level of school you attended: primary, secondary, secondary special or higher?	Primary			
WAE5. What is the highest grade you completed at that level? If the first grade at this level is not completed, enter "00".	Grade			
WAE6. What is your ethnicity?	Uzbek 1 Tajik 2 Russian 3 Kazakh 4 Karakalpak 5 Tatar 6 Other (specify) 8 Don't know 9			

MARRIAGE AND PREGNANCY		
WMP1. Are you currently breastfeeding?	Yes 1 No2	
WMP2. What is your marital status now?	Never married	
WMP3. Are you pregnant now?	Yes1 No2 Unsure9	-> QWPR1 -> Next Q -> Next Q
Non-pregnant women		

WMD4 When did your last monstrual period start?		
WMP4. When did your last menstrual period start?	1. Days ago	
	2. Weeks ago	
	3. Months ago	
	4. Years ago	
	In menopause / had hysterectomy994 Before last birth995 Never menstruated996 Don't know999	
WNP1. Couples use various ways or methods to delay or avoid a pregnancy.	Yes 1	-> Next Q
Are you currently doing something or using any method to delay or avoid getting pregnant?	No2	-> WNP4
WNP2. What are you doing to delay or avoid a pregnancy? Do not prompt. If more than one method is mentioned, circle each one.	Female sterilization A Male sterilization B IUD C Injectables D Implants E Pill F Male condom G Female condom H Diaphragm I Foam / Jelly J Lactational amenorrhoea M method (LAM) K Periodic abstinence / Rhythm L Withdrawal M Other (specify) X 1.Monthhs I	-> WPH1 - -> Next Q
WNP3. How long have you used these methods? Fill in number of times for only 1 time period (year or month).	2Years Don't Know (years)	
WNP4. Do you think you are physically able to get	Yes 1	->WNP6
pregnant at this time?	No 2	->WNP5
	Don't know9	->WNP5
 WNP5. Why do you think you are not physically able to get pregnant? Do not prompt. If more than one response given, circle each one. 	Infrequent sex / No sex A Menopausal	

	1	1
WNP6. Now I would like to ask you some questions about the future. Would you like to have (a/another) child, or	Have (a/another) child1	-> Next Q
would you prefer not to have any (more) children?	No more / None2	-> WPH1
	Cannot get pregnant3	-> WPH1
	Undecided / Don't know8	-> WPH1
 WNP7. How long would you like to wait before the birth of (a/another) child? Fill in number of times for only 1 time period (year or month). 	1. Months 2. Years Soon as possible Soon as possible Gannot get pregnant 994 After marriage 995 Other	- -> WPH1
	Don't know999	-i
Pregnant women		
WPR1. How many months pregnant are you?	Number of months	
WPR2. When did your last menstrual period start?		
If respondent knows the exact date, mark day, month, and year.	Day Month Year .	
If respondent DOES NOT know the date, then ask her to estimate how many day, weeks, or months ago her last	or 1. Days ago	
menstrual period started.	2. Weeks ago	
WPR3. Have you seen anyone for antenatal care during this pregnancy?	Yes 1	
	No 2	-> WPR8
WPR44.Whom did you see?Mark all responses mentioned.Probe:Anyone else?Probe for the type of person seen and circle all answers given.	DoctorA Nurse / MidwifeB Traditional birth attendantC OtherF (Specify)	
WPR5. How many times have you received antenatal care so far during this pregnancy?	Number of times99	
WPR6. As part of your antenatal care during this pregnancy, were any of the following done at least once:	<u>Yes No</u> A. Blood pressure12 B. Urine sample12	
A. Was your blood pressure measured?B. Did you give a urine sample?C. Did you give a blood sample?	C. Blood sample 1 2	

WPR7. At any of the antenatal visits, were you receiving multivitamin supplements FREE OF CHARGE?	Yes1 No2	
WPR8. When you got pregnant, did you want to get	Yes1	-> WPR10
pregnant at that time?	No2	-> Next Q
WPR9. At that time, did you want to have a baby later on	Later 1	
or did you not want any (more) children?	No more2	
WPR10. Right now, would you like to have another child	Have another child1	-> Next Q
after the child you are now expecting is born, or would you prefer not to have any more children?	No more / None2	->WPH1
	Undecided / Don't know8	->WPH1
WPR11. After this baby is born, how long would you like to wait before the birth of another child?	1. Months 2. Years Soon as possible Soon as possible After marriage 994 Other 995 Don't know	
All women		
WPH1. How many times, in total, have you been pregnant? If pregnant now, include this pregnancy. If never pregnant, enter "00".	Number of times	00->WSC1
WPH2. How many times, in total, have you given birth to a baby? (Include still births and live births)	Number of times	
WPH35. Have you given birth to a live baby in the past 2 years?	Yes 1 No 2	

SUPPLEMENT CONSUMPTION

Now I would like to ask you some questions about vitamins you may be taking or have recently taken.

WSC1. During the last six months did you take any iron tablets or syrup? Show iron tablets and syrup.	Yes1 No2 Not sure if it was iron/Do not know9	-> Next Q -> WSC5 -> WSC5
WSC2. Are you still taking iron tablets or syrup?	Yes1 No2	-> Next Q -> WSC4
WSC3. How long have you taken iron tablets or syrup?	One week or less 1 More than 1 week, Less than 1 month 2 One month or more 3	- ->WSC5 -
WSC4. When did you stop taking iron tablets or syrup?	Less than 3 months ago 1 3 months ago or more 2	
WSC5. During the last six months did you take any folic acid tablets or syrup? Show folic acid tablets and syrup.	Yes1 No2 Not sure if it was folic acid/Do not know9	-> Next Q ->WSC9 ->WSC9
WSC6. Are you still taking folic acid tablets or syrup?	Yes1 No2	-> Next Q ->WSC8

WSC7. How long have you taken folic acid tablets or syrup?	One week or less	- >WSC9 -
WSC8. When did you stop taking folic acid tablets or syrup?	Less than 3 months ago 1 3 months ago or more 2	
WSC9. During the last six months did you take any vitamin A capsules? Show vitamin A capsule.	Yes1 No2 Not sure if it was vitamin A9	
WSC10. During the last six months did you take any Multi- Vitamin supplements?	Yes1 No2 Not sure if it was a Multi- Vitamin/Do not know9	

DIETARY DIVERSITY

WDD 1. Please describe everything that you ate yesterday during the day or night, whether at home or outside the home.

- a) Think about when you first woke up yesterday. Did you eat anything at that time? if yes: Please tell me everything that you ate at that time. Probe: "Anything else?" until respondent says nothing else. If no, continue to question b).
- b) What did you do after that? Did you eat anything at that time? If yes: Please tell me everything you ate at that time.

Probe: **"Anything else?"** until respondent says nothing else. Repeat question b) above until respondent says she went to sleep until the next day. If respondent mentions mixed dishes like a porridge, sauce or stew, probe:

c) What ingredients were in that (mixed dish)?

Probe: "Anything else?" until respondent says nothing else.

As the respondent recalls foods, underline the corresponding food and circle '1' in the column next to the food group. If the food is not listed in any of the food groups below, write the food in the box labelled 'other foods'. If foods are used in small amounts for seasoning or as a condiment, include them under the condiments food group. Do not mark any food group if the amount of food was less than 15 grams. Once the respondent finishes recalling foods eaten, read each food group where '1' was not circled, ask the following question and circle '1' if respondent says yes, '2' IF NO AND '9' IF DON'T KNOW:

YE	STERDAY DURING THE DAY OR NIGHT, DID YOU DRINK/EAT ANY (FOOD GROUP ITEMS NOT ALREADY MARKED 1)?			
Otł	ner foods:			
		Yes	No	DK
Α.	Bread, rice, noodles, porridge, or other foods made from grains such as [wheat, rice, buckwheat]?	1	2	9
В.	Pumpkin, carrots, squash, carrot, paprika or other vegetables that are yellow or orange inside?	1	2	9
C.	White potatoes, radish and other commonly consumed roots, or any other foods made from roots?	1	2	9
D.	Any dark green leafy vegetables?	1	2	9
Ε.	Any other vegetables?			
F.	Apricot, peach, oranges, plums, melon, ebony and other vitamin A rich fruits commonly consumed?	1	2	9

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Please tell me everything that you ate at that time.	a) Think about when you first woke up yesterday. Did you eat anything at that time? if yes: Please tell me everything that you ate at that time.		
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YESTERDAY DURING THE DAY OR NIGHT, DID YOU DRINK/EAT ANY (FOOD GROUP ITEMS NOT ALREADY MARKED 1)?			
Other foods:			
	Yes	No	DK
G. Any other fruits or vegetables?	1	2	9
H. Liver, kidney, heart, or other organ meats?	1	2	9
I. Any meat, such as beef, lamb, goat, chicken, rabbit or duck?	1	2	9
J. Eggs?	1	2	9
K. Fresh or dried fish or shellfish?	1	2	9
L. Any foods made from beans, peas, lentils?	1	2	9
M. Any foods made from seeds or nuts?	1	2	9
N. Cheese, yogurt, or other food made from milk?	1	2	9
O. Oils, fats or butter added to food or used for cooking?	1	2	9
P. Any sugary foods such as chocolates, sweets, candies, pastries, cakes, or biscuits?	1	2	9
Q. Condiments for flavor, such as pepper, hot pepper, onions, spices, herbs, or fish powder?	1	2	9
Other foods:			
Check categories A – Q. If all "No" -> Next Q If at least 1 "Yes" -> CF13			

KNOWLEDGE OF FORTIFIED FOODS			
Now I would like to ask you about some foods which may			
WKF1. Have you heard about fortified flour?	Yes 1 No 2 Don't know 9	-> Next Q ->WKF4 ->WKF4	
WKF2. Do you use fortified flour?	Always1Usually2Sometimes3Never4Don't know9		
WKF3. What do you think are the benefits of fortified flour? Mark all responses mentioned .Do not prompt with any suggestions.	Improves healthAPrevents anemiaBPrevents iron deficiencyCPrevents vitamin andmineral deficiencymineral deficiencyDPrevents congenitaldefectsdefectsEBetter productivity/ energyFBetter intellectualdevelopment in childrendevelopment in childrenY(specify:)Don't knowZ		
WKF4. Have you heard about iodized salt?	Yes 1 No 2 Don't know 9	-> Next Q ->WSM1 - >WSM1 W SM 1	
WKF5. Do you use iodized salt?	Always1Usually2Sometimes3Never4Don't know9		
WKF6. Why do you think iodized salt is important? Mark all responses mentioned. Do not prompt with any suggestions.	Prevents iodine deficiency A Improves intelligence B Prevents vitamin deficiency C Improve health status D Other Y (specify:) Don't know Z		
WOMEN'S BEHAVIOURS			
WSM1. Do you currently smoke cigarettes?	Yes 1 No	-> Next Q ->WUS1 ->WUS1	
WSM2. On average, how many of cigarettes do you smoke each day or week?	1. Daily		

 M2. On average, how many of cigarettes do you smoke each day or week?
 1. Daily.....

 If less than daily, record weekly
 or

 2. Weekly.....
 Don't know

 99

URINE SAMPLE COLLECTION If approval given, hand out a labeled urine beaker and explain the woman what to do

WUS1. Now we would like to take some urine from you. Do you give your permission? Yes 1			-> Next Q -> END
 WUS2. Did you attach label (pre- printed white) to the container and handed out urine container? Label number must match label number entered in WID5 and label affixed to biological form 	Yes1 No2		-> Next Q -> END
WUS3. Record label number on urine container	Urine ID number W		
WUS4. Has woman been selected for second urine sample Only non-pregnant women can be selected for second urine sample	Yes1 No2		-> Next Q -> END
WUS5. Did you attach label (red handwritten) and hand out urine container Label number must be handwritten and match label number entered in WID5, biological form and WUS3	Yes1 No2		-> Next Q -> END
WUS6 Record label number on urine container	Urine ID number W		
INTERVIEWER'S OBSERVATIONS			